

September 2022 Bulletin

MONTHLY MEETING

13th September 2022

St Johns Church at 2pm

REWILDING YOUR GARDEN

Millbrook's Managing Director, Tammy Woodhouse, is hosting a talk on rewilding your garden! In recent years, gardening for wildlife has been popular with a focus on adding plants for pollinators, ponds, bird boxes to your garden to benefit wildlife. Rewilding expands on this with a mind-set that puts nature and natural processes first.

Tammy's talk will discuss how to rewild a garden is to look at the land from nature's point of view, and allow nature to take the lead wherever possible. Tammy will offer her expert advice on how you can make your personal green space a little wilder and a natural haven for wildlife.

Followed by refreshments in the St Johns Centre.

Members will no longer have to bring their own mugs as these will be provided in the hall.

ADVANCE NOTICE:

- Group Contacts meeting Monday 19 Sept 2022
- New Members meeting Monday 10 Oct 2022

Both meetings will be at 10am at the Cricketers Inn, Meopham.

Free tea and coffee will be available.

GROUP REFRESHMENTS ROTA

From September 2022 onwards we are returning to the old system whereby each group in turn helps set up, serve the tea/coffee/biscuits and clear up after the Monthly Members' meeting. Lynda Bolton will bring the supplies and guide the groups in the use of the dishwasher and kitchen facilities.

We ask for at least 4 volunteers for the appropriate month. Even if you do not usually go to the monthly meeting please make the effort to attend when it is your groups turn.

A reminder will be published in each monthly Bulletin.

Refreshments for 13 September 2022 will be supported by Amblers and Art Appreciation groups.

The groups have been arranged in alphabetical order to serve as follows: 2022 11 Oct – Bee Watch groups 8 Nov – Book Groups 1&2 6 Dec – Book Groups 3&4 (note change to **first Tue** of the month due to unavailability of the church for this meeting)

2023 10 Jan - Bridge 14 Feb – Canasta 14 March – Chess 11 April - Circle Dancing

Please contact Sue Bates, Groups Co-ordinator on <u>mepgroups22@gmail.com</u> if you have any questions regarding this rota.

SUMMER SCHOOLS

Did you know that the u3a runs Summer Schools?

Sue Bates attended the London U3A non-residential Summer School at the St Bride's Institute along with about 300 participants from other U3A's. On offer were lectures, guided walks around London, and workshops. Over two days she attended 4 lectures and 2 workshops of the many and varied on offer and says it was quite an experience!

The South East Forum runs a residential summer school at Chichester staying in university accommodation. Here you opt for one course over several days and there are also with theatre trips and evening entertainment on offer. This year 11 courses were on offer from family history to cycling.

The London summer school is in July and the South East one is in September. Look out for further details in TAM or visit the websites to see more .

www.u3asites.org.uk/southeastu3aforum/events

https://www.nlu3a.org.uk/london-region-summer-school/

NEW GROUPS

As a result of the 3R's meeting, interest has been shown in the following New Groups.

If any of them appeal to you please send me an email

at mepgroups22@gmail.com and I will place your name on the relevant list.

When I have collected 10 names for a group I will arrange a meeting to get that group started.

The proposed new groups are:

- 1. Archaeology
- 2. Art Appreciation 2
- 3. Citizen Science
- 4. History 2
- 5. Meditation already up and running. First meeting 31 Aug, 10.30am see website
- 6. Weekend activity meeting group (ie meeting on a Sat or Sun, activities to be decided by Group members)
- 7. Writing

And please let me know if you have an idea for a group that doesn't appear on this list.

Sue Bates

NEW EVENTS TEAM

Your committee has decided to set up a new EVENTS TEAM to organise one or two fun activities and outings open to the whole membership of Meopham u3a during the year.

If you would like to be part of this organising group, please send an email to Sue Bates, Groups Co-ordinator (on mepgroups22@gmail.com).

When there are 5 or 6 names on the list a meeting will be arranged for you to decide cooperatively how to organise these events.

CLASSIC VEHICLE MEETING

Following our recent Car/Vehicle Meet at the Golden Lion, Luddesdowne, we are arranging a similar meet on Thurs 15th September, 10.30, at the same venue.

This will give an opportunity for those that could not attend, for whatever reason, and for those that did, to have another enjoyable morning, a short local drive and lunch at The Lion.

Should you be interested, then please email me <u>dave.denman49@outlook.com</u>, before the 4th September . I will then send out final details and menu for choices.

You do not have to be a HTW group member, just a member of Meopham U3a. Should you not have a "classic vehicle" (probably on the road before 2000 but we aren't that fussy!) and, maybe, wish to just view the cars, then we will try to find spare places in them for the run too, should you want to !

David Denman

LONDON VISITS

Here are a couple of pictures from London Visits 1 tour of The British Library. Our guide was mu3a member Rob Perks and he gave us a tour that was jam packed with detail about this incredible place.





END OF THE BULLETIN