



## OCTOBER 2020 Bulletin

### MONTHLY MEETING

Tuesday 13<sup>th</sup> October 2020

2pm on Zoom

**\*\*PLEASE REGISTER IN ADVANCE TO ATTEND\*\* -SEE BELOW**

**Roger Cheetham, Multi Award-winning International Speaker, Resilience Specialist and Author will be talking to us via Zoom**

Roger has turned the horrific experience of being an attempted murder victim into something he now sees as one of the best things to happen in his life. Instead of viewing this as a negative that happened TO him, he now views it as positive, which happened not only FOR him, but FOR the many it's enabled him to truly inspire. Roger has delivered his inspiring message of resilience, via his talk and workshops, before networks around the world. Roger has also delivered award-winning work on resilience, in school classrooms and assemblies. Roger is a true inspiration to all ages!

If you are feeling in need of some inspiration or are seeking to top up your resilience this could be just the talk for you.

You are invited to a Zoom meeting.  
When: Oct 13, 2020 01:30 PM London

Please register in advance for this meeting using this link.

You may need to copy the link and paste it into your browser first but it is very quick and easy once you do.

<https://us02web.zoom.us/meeting/register/tZ0qdOyorzkvGNXTMYBo40zPNrPEWU9FqlmA>

After registering, you will instantly receive a confirmation email containing information about joining the meeting.

Please log in in good time for the start of the meeting at 2pm.

## COMMITTEE NEWS

### AGM – 13/10/20

The AGM is being held by email and all the paperwork with the proposals for the committee and accounts etc, was sent to you by the Secretary recently. Please read this. Confirmation of the outcome will be put on the website after the 13 October.

### Zoom meetings:

Meopham U3A has recently purchased Zoom licences and is working with the group contacts to use these for the group meetings.

### Using halls for U3A meetings:

If you are in a group which is thinking of using a hall, please make sure you are aware of the Government and U3A guidelines for this. Your group contact has been updated about the requirements and will have completed a Covid-19 Risk Assessment, but you should ensure you are happy with all the arrangements before going ahead.

For example... do you know how often/when the hall is being cleaned? (Have you seen the cleaning rota provided by the hall?). Do you know what you have to do whilst in the hall? Is there sufficient ventilation? Please read the U3A guidelines on the Meopham U3A website.

Regards, Lynda Bolton – Vice Chair

## News from our groups

**Golf 18 hole and Golf 9 hole** have amalgamated for the time being. Mike Chantry is the contact.

**Walking** has folded as no one came forward to act as the contact. **Ambling** is still successfully running.

**How Things Work** is using on line resources, lectures and programmes etc. Andrew Morgan is the new contact.

**London Visits 1 and 2** have amalgamated for the time being and are arranging for monthly virtual tours or walks around London with Caroline Piper, a blue badge guide.

Both **Cycling** groups have joined forces and rides are being planned. Andrew Dunk and John Thompson are joint contacts.

**Beginners Patchwork** has moved on line and they are starting a new project later this month.

**END OF NEWSLETTER**



