

# May 2019 Bulletin

## MONTHLY MEETING

### Tuesday 2019 2pm

### St John the Baptist Church Meopham

### Annie Kemkaran-Smith

Leeds Castle, popularly known as "The Loveliest Castle in the World" is celebrating its 900th anniversary during 2019. The Castle buildings, its contents and the grounds are in constant need of upkeep, repair and restoration. Come along to the month's meeting when Curator Annie Kemkaran-Smith will be telling us about the history of the castle and the work that is being carried out to ensure the protection of the Leeds Castle collection for future generations.

Followed by members' time and refreshments

PLEASE DON'T FORGET TO SIGN IN WHEN YOU ARRIVE AT THE CHURCH

Our 4th Annual General Meeting

**Including Groups Show Time** 

Tuesday 9th July 2019

2pm

St John the Baptist church, Meopham

PLEASE MAKE IT A PRIOITY TO COME ALONG TO THE AGM

# DATES FOR YOUR DIARY

Tuesday August 13th 2019

3Rs - ("Review, Recruit, Re-Register")

Your chance to sign up for your 2019-20 groups

Renewing from 13.00

Joining and signing up for groups 14.00-16.00.

St John the Baptist Church, Meopham

Saturday 5<sup>th</sup> October 2019

### Quiz Night

Meopham Village Hall

19:00 for a 19:30 start

£4 a head

Bring your own drinks and nibbles

Tuesday 26<sup>th</sup> November 2019

### **CYBER CRIME**

2pm

Culverstone Village Hall

PC Aimee Payne will be speaking village hall about cyber crime and how to beat the scammers. There will be a sign-up sheet at the coffee mornings and the monthly meetings.

These events are free to members and £3 a head for any guests you may wish to invite along. There will be signup sheets for this event at the monthly meetings and coffee mornings.

# **Group news**

Thank you to all the group contacts who came along to the recent meeting. These meetings are very helpful for the committee and we hope you find them useful and informative.

We have added a number of new groups this year in order to gives us all more choice and widens our opportunities for learning. The National U3A recommend that there should be at least one group for every 10 members. We currently have 404 members and 50 groups ...about one group for every 8 members.

We are always very open to suggestions for new groups so if you have an idea for a group please contact Heather at <a href="mailto:mepgroups1@gmail.com">mepgroups1@gmail.com</a>

### **GROUPS THAT GO OUT**

We have a number of groups that mainly function to organise and run trips or outings. Cycling, Village Visits, National Trust, How Things Work and several others.

Please don't just turn up at the venue or meeting point without sending a quick message to the group contact expressing your interest in attending. This can easily be done though the website and covers everyone. Sometimes arrangements change at the last minute and you could be inconvenienced or the group could set off without you if they don't know you are coming. Thank you.

### MONTHLY MEETINGS

We are looking for someone to organise the rotas for our welcomers, banner hangers and for the sound systems operator. You would not be expect to join the committee (unless you wish to) and all the arrangements can be made by quick phone call or by email. If you and a friend or two are willing to share the role then that would be wonderful.

### Do you enjoy our coach outings?

### Silly question ....they were sold out in days.....

We are looking for volunteers to join the outings team as several of the current team wish to stand down in July. A full hand over will be put in place and you would be asked to arrange one trip during 2020.

Please contact David <u>davidbvchmeopu3a@gmail.com</u> if you would like more information or are willing to join the team for 2019/20.

#### DEFIBRILLATOR TRAINING 22<sup>nd</sup> October 2019 2pm

Venue to be advised

We have a provisional booking for a health care professional, Yvonne Tisson from YT First Aid, to train Meopham U3A members in the use of a defibrillator. These are being installed in many public building that are used by us all and it is planned that this will soon include Meopham Village Hall.

The training is comprehensive and covers resuscitation, the use of the defibrillator as well as treatment for choking and unconsciousness. There are 12 places and the session will cost £25 per person.

If you would like to take this opportunity to update or extend your first aid training please secure your place by sending a cheque for £25 made payable to "Meopham U3A' along with the booking form.

The cheque will not be cashed until much nearer to the time when we know we have sufficient numbers to go ahead with the training.

## Meopham U3A

I wish to apply for First Aid with Yvonne Tisson on 22<sup>nd</sup> October 2019

I enclose a cheque for £25 made payable to 'Meopham U3A' along with this booking form.

I understand that the cheque will not be cashed until there are sufficient numbers to book the training.

#### Name

Membership number \_\_\_\_\_

N.B Once the training has been booked it may not be possible to secure a refund if you are subsequently unable to attend.

Please send you completed form and cheque made payable to "Meopham U3A" c/o 6, The Coppice, Vigo Village, Gravesend, Kent. Da13 OSB