



December 2019 Bulletin

MONTHLY MEETING

Tuesday 10th December 2019

2pm

St John the Baptist Church Meopham

"Musical Celebration" and seasonal refreshments



PLEASE DON'T FORGET TO SIGN IN WHEN YOU ARRIVE AT THE CHURCH

DO YOU LOOK GOOD IN HI VIS YELLOW?

The church car park is often full to overflowing before our meetings. It has been suggested that it would be helpful to have a few volunteers to organise the parking each month. This would mean we could aim to safely squeeze in a few more cars and also to alert members when the car park is full.

If you would be willing to go onto the car park rota please contact your Chairman Lionel at mevillmp@gmail.com and he will be pleased to add your name to the list.

PROBLEMS WITH HEARING OUR SPEAKERS.....?

We want everyone to enjoy our monthly meeting and are delighted that numbers have recently increased. We are mindful that some members have found it difficult to hear our speaker and have had to ask for them to speak up. Sometimes this is because the PA system in the church don't tend to carry to the outer seating areas but it is disconcerting for the speaker and members alike.

In order to try to remedy the situation your committee are arranging for the front row of the central seating to be reserved for anyone who regularly has a problem hearing the speaker. They would ask that those members who are hard of hearing use these reserved chairs and avoid sitting in the side seating if at all possible. Thank you.

We get many requests to assist with research and this one sounds a bit of fun.

Are you more than 60 years old, healthy, and own an Android phone or tablet?

Do you want to contribute to science and win a £5 Amazon voucher?

You are invited to take part in a study by the University of Sheffield, about music that appears in the mind unintentionally and repeatedly. We are very much interested in your experiences either they are frequent or not so frequent - even if you don't have that kind of experiences, you can still participate.

You will be asked to download an application on your phone/tablet and complete a short questionnaire (each one takes about a minute to complete) in response to 8 push notifications per day for 4 days.

If you are interested in taking part contact musichemispheres@gmail.com to arrange the details. All your responses will be kept confidential and anonymous. Your contribution is invaluable and your help is much appreciated as your responses will help us understand how everyday thoughts unfold across the adult lifespan. You will be notified about the results of the study as soon as our findings become publicly available.

Dr Georgina Floridou,
Music and Wellbeing Research Unit,
The University of Sheffield"

Kent County Council's Mature Drivers Conference.
Tuesday 18 February 2020 in the morning
Stone Pavilion.

KCC Road Safety Team are planning to run another Mature Drivers' Conference. This is aimed at drivers over 60 who are currently driving.

This is a friendly, informal and informative session, participants will be sat in groups, and we hope everyone will go away with a little extra knowledge to help them stay safe drivers.

Subjects covered will be common crash causation, child car seat safety, impairment including fatigue and medication, smart motorways and eco driving.

They had some very positive feedback:

"It will jog the memory and make you think. It would make you feel happier in yourself knowing if you're still okay. After listening to this, it's given me the confidence to say that I'm still alright driving"

"My only complaint was the time went far too quickly!"

"The conference was interesting and held our attention the whole time."

There is no charge, but you do need people to sign up for this as they have limited availability and need to compile a list of attendees before the event.

Anyone interested please contact Carol on carol.collen@kent.gov.uk



WE WISH
A MERRY CHRISTMAS AND A HAPPY AND
HEALTHY NEW YEAR TO ALL OUR
MEMBERS....

.....AND LOOK FORWARD TO SEEING THEM AT MU3A EVENTS IN 2020

