



## February 2020 Bulletin

### **MONTHLY MEETING**

**Tuesday 11<sup>th</sup> February 2020**

**2pm**

**St John the Baptist Church Meopham**

*David Astley "Ambulance Service".*

David Astley, OBE, is the Chairman of SECamb, the South East Coast Ambulance Service NHS Foundation Trust. If you have ever had to call for an ambulance these are the people you would have spoken to and who would have come to help you.

The trust currently serves a population of around 5 million and covers an area of 3,600 square miles across Kent, Surrey, Sussex and parts of NE Hampshire and includes us here in Meopham. The service provided these days is far more complex than the minimal hospital transportation service that ambulances traditionally provided. Today SECamb includes operations centres, 111 call centres, 120 ambulance stations and two hazardous areas response teams and employs among others paramedics, technicians, dispatchers and clinicians.

David will explain how this all fits together and how the role of these health care professionals and those from the other emergency services meld together to serve the 318 people who phone daily for a SECamb ambulance whilst also working to find solutions to growing and changing demand.

FOLOWED BY REFRESHMENTS IN THE ST JOHN'S ROOMS

PLEASE DON'T FORGET TO SIGN IN WHEN YOU ARRIVE AT THE CHURCH

### **MU3A COFFEE MORNING**

**Monday 24<sup>th</sup> February 2020**

The Cricketers Inn on Meopham Green

10am -11.30 am

All members and potential members are welcome

## ARE YOU .....?

- Still feeling sluggish after the excesses of Christmas and the New Year?
- Not appreciating the longer days and although brief, the strengthening sunlight?
- Do you feel the need for more gentle physical exercise?
- Would you benefit from the mental stimulation of learning a new skill?

If you answered 'YES' to any of these questions come along to the Monthly meeting on Tuesday 11 February to find out more.

Beryl Connelly

## 2020 MONTHLY MEETING REFRESHMENTS ROTA

11 FEB	CYCLING
10 MARCH	CYCLING FOR SOFTIES
14 APRIL	DIGITAL MAKERS
12 MAY	FITNESS FOR FUN
9 JUNE	FOOD GROUP
14 JULY	FRENCH BEGINNERS
11 AUGUST	FRENCH IMPROVERS 1
8 SEPTEMBER	FRENCH INT'MDT
13 OCTOBER	FRENCH ADVANCED
10 NOVEMBER	FRENCH IMPROVERS 2
8 DECEMBER	FRENCH STARTERS

Thank you for your help.



## DATES for your diary

### Saturday 25<sup>th</sup> April 2020

Meopham U3A Quiz Night      Meopham Village Hall      7.15.

### Thursday 7<sup>th</sup> May 2020

Coach outing to the Imperial War Museum at **Duxford**: £29 per person including the coach travel and entrance costs. Flier, map and booking form e-mailed 1.2.20

### Wednesday 10<sup>th</sup> June 2020

Coach outing to **Windsor** including a boat trip: £28 per person including the cost of the boat trip and the coach travel. Booking forms will be emailed out shortly.

### Early July 2020

Another coach outing: approx. £30 per person

Further details, information and booking forms will be emailed out shortly.

**Would you like to use your talents and capabilities?**

**Would you like to influence the future direction of  
Meopham U3A?**

If you've answered **"YES"** to any of these questions, have you considered joining our Committee?

**Meopham U3A needs to fill 4 positions on your Committee; all to start in July 2020:**

- Secretary
- Treasurer
- Assistant Treasurer
- Groups Co-ordinator

**We are looking for members of any age, experience or background to fill these roles.**

The Committee meets once each month at Meopham Village Hall for a couple of hours (maximum) on the afternoon of the day after the monthly meeting. Prospective committee members are invited to attend on these occasions, to familiarise themselves with the various roles before taking them on.

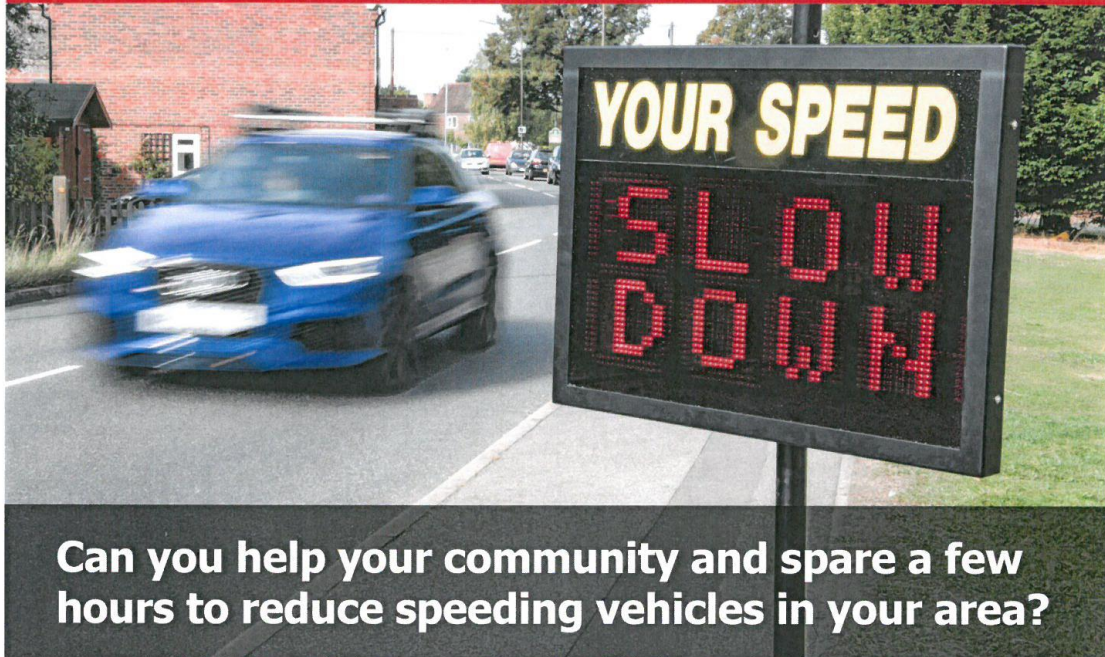
If you are interested in any of these positions, please make yourself known to any member of the Committee, or email a Committee member via the Contact Us page on our website, <https://www.meophamu3a.org.uk/contact-us>.

**CHAIR: Lionel Patterson**  
**VICE CHAIR: Lynda Bolton**  
**HON SECRETARY: Ann McEwan**  
**HON TREASURER: Kent McEwan**

**MEMBERSHIP SECRETARY: Di Fenton**  
**ASSISTANT TREASURER: Laura Adams**  
**GROUPS COORDINATION TEAM LEADER: Heather Wright**  
**SPEAKER PROGRAMME: Alison Hillman**

**COMMITTEE MEMBER: Lesley Reid**

# Volunteers wanted



**Can you help your community and spare a few hours to reduce speeding vehicles in your area?**

**Meopham Speedwatch** Scheme are looking for volunteers to support them in reducing speed and improving the safety on their roads with the support of the police.

Speedwatch is a community-based scheme where volunteers record speed of passing vehicles in the area where they live. Around **90%** of vehicles observed once by Speedwatch volunteers are not seen speeding again in the next 12 months within Kent.

## CONTACT US

If you would like to join the group and help please go to **[www.communityspeedwatch.org](http://www.communityspeedwatch.org)** to register.

For more information, visit the Kent Police website  
**[www.kent.police.uk/speedwatch](http://www.kent.police.uk/speedwatch)**



**Kent  
Police**